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Subject: Report on the work-life balance in Austria

Introduction

The purpose of this report is to describe the work-life balance in Austria. The report is based on a survey by OECD Better Live Index. The findings are listed below.

The quality of the work-life balance

The first point I want to mention is the quality of the work-life balance in Austria compared to other countries. The bar chart shows that the Netherlands clearly have the best quality in comparison to everyone else in the diagram. Surprisingly the chart points out that Austria is below the average. On the other hand, there are still greater percentages than in Turkey and the United Kingdom.

Areas where Austria is doing well/poorly

The diagram shows Austria being almost on average. However, it also can be seen that Austria is clearly doing poorly at reducing working hours. A good example is the last two decades, in which the country increased their working hours by about 15 times. Even though Austria is one of the worst in terms of leisure and personal care, the gap between different countries is tiny.

Conclusion and Recommendation

On basis of the facts mention above Austria is not doing well in comparison to the other OCED countries and something should change.

There are some recommendations Austria could do to improve their work-life balance. For example, the employees and employers should give their best effort in negotiating on splitting the shifts. It is also advisable that more companies allow remote working. This could improve the situation.